



**Options Theatre Company** is a living, breathing, operational theatre with a company of creatives; actors, technicians, musicians, directors, dancers and artists, who happen to be people with disability.

**Options Theatre Company** is a unique and creative initiative of **Options Disability Support** who have been working with people with disability and their families on the Central Coast for over 24 years.

Our performing arts space welcomes you into a creative world full of opportunities to learn, create and perform under the guidance of qualified and experienced Arts Industry professionals.

**Options Theatre Company**

**LIVE THE THEATRICAL LIFE!**



# INTRO

# MUSIC



**“WHERE WORDS FAIL, MUSIC SPEAKS”**

HANS CHRISTIAN ANDERSEN - WRITER

Music is a big part of the **Options Theatre Company** world. Audiences have been moved by our musical theatre productions over the years, whether they be our self-devised productions or well known shows like Grease.

**Options Theatre Company** now also offers private lessons in singing, instruments and speech as well as our major musical theatre productions.

**“...FILMMAKING IS ALL ABOUT  
APPRECIATING THE TALENTS OF THE PEOPLE  
YOU SURROUND YOURSELF WITH AND KNOWING  
YOU COULD NEVER HAVE MADE ANY OF  
THESE FILMS BY YOURSELF”**

STEVEN SPIELBERG - DIRECTOR

Whether you want to be behind the scenes or in front of the camera, **Options Theatre Company** offers many different ways for you to express your unique voice.

Our workshops offer a fun and practical experience for those interested in film making, exploring the magical world of special effects, script writing, editing and production.

Screen acting workshops are also run by industry professionals through our **ANADA** program.

A large clapperboard is the central focus on the left side of the image. It has a black and white striped top bar. Below it, the words 'SCENE', 'CUT', and 'TAKE' are printed in white. The number '2' is written in white in the 'TAKE' column. Two people are holding a large white roll of paper in front of the clapperboard. In the background, a film set is visible with various equipment and people, including a red light fixture.

# FILM

# DANCE

**“DANCE IS THE HIDDEN LANGUAGE OF THE SOUL”**

MARTHA GRAHAM - CHOREOGRAPHER

Regular dance training can lead to strengthened muscle tone, help to maintain concentration and focus and build a person's sense of self-confidence.

**Options Theatre Company's** dance workshops provide a valuable outlet for self-expression that can be enormously beneficial for people who might have difficulty communicating in other ways.

Professional choreographers and movement specialists run a diverse range of dance classes and rehearsals that culminate in a staged contemporary work in our new theatre studio.





**“I WOULD LIKE TO BE REMEMBERED AS  
SOMEONE WHO DID THE BEST SHE COULD  
WITH THE TALENT SHE HAD”**

J. K. ROWLING - AUTHOR

For those with a story that needs telling,  
**Options Theatre Company** offers an opportunity to  
develop the skills needed to bring your story to life -  
get your story out of your head and into a script or book.

Creative writing workshops at **Options Theatre Company** help  
to improve vocabulary, spelling and grammar skills. Workshops  
are offered within group projects or through private classes.

# CREATIVE WRITING

# DESIGN



**“WE HAVE THE OPPORTUNITY TO USE OUR CREATIVITY AND MAKE SOMETHING NEW, CREATE A COMBINATION OF IDEAS THAT HAVE NEVER BEEN SEEN BEFORE!”**

ES DEVLIN - DESIGNER

One of the most important parts of all the live performances at **Options Theatre Company** happen behind the scenes. From costumes to set design and construction, table and foyer decorations as well as posters and programs. Be part of the design team that helps bring our theatrical productions to life.

# ANADA

A person in a dark coat is holding a lit torch, standing in a dark space with red curtains and a large book in the background. The scene is dimly lit, with the torch providing the primary light source. The background features a large, open book with text visible on its pages, and the red curtains are partially drawn, revealing the book. The overall atmosphere is dramatic and symbolic.

**“DISABILITY NEED NOT BE  
AN OBSTACLE TO SUCCESS.”**

STEPHEN HAWKING - PHYSICIST

The **Australian National Academy of Disability Arts (ANADA)** is for the serious artist who wishes to pioneer the new frontier of disability arts emerging in Australia.

**ANADA** offers a holistic approach to the arts with a unique focus on furthering the disability arts genre. The classes are high level participation and include, Shakespeare, film and stage acting techniques, short films, plays, writing and performing as well as research elements.

**“PHOTOGRAPHY IS THE STORY  
I FAIL TO PUT INTO WORDS”**

DESTIN SPARKS - PHOTOGRAPHER

The **Options Theatre Company** Photography course gives you the opportunity to tell stories, capture moments and share your unique snapshots of the world. Our tutors will teach you the skills to create exhibition worthy artworks. The course is a highly practical exploration of local environments, people and places and focused on technical camera skills and composition to capture the perfect moment.



# PHOTOGRAPHY

## WE OFFER HIGH QUALITY, UNIQUE SERVICES TO YOUNG ADULTS WITH A DISABILITY

At **Options Disability Support**, we listen to what you want and support you to create individual solutions for what you want to achieve. We will provide practical support so that you can develop independence, personal and social skills that will allow you to live, work, have fun and participate in your community.

### BE INDEPENDENT

Grow more independent in ways that work for you and learn to be in control of your life.

You can learn skills that could lead to you living on your own one day.

Skills include shopping, meal planning and preparation, transport, technology, budgeting, and decision making.

### BE CREATIVE

Feed your creativity and explore a variety of ways that you can express yourself.

You can work on either individual or group projects in an area that suits your interests.

Choices include photography, sewing, art, music, motorworx, film, woodwork.

### BE INVOLVED

Gain skills and an understanding about what it takes to be part of a team.

You can discover ways to be involved at the Edible Gardens through our social enterprise based activities.

Choices include the print room, café, volunteering, gardening or lawn mowing.

### BE SOCIAL

Try new things and spend time with others that share your interests.

You can enjoy outings with your friends or meet some new ones.

Choices include movies, concerts, bushwalking, camping, cruises, picnics, sports and local community events.



# OPTIONS

DISABILITY SUPPORT



**THE CHOICE IS YOURS... YOU'VE GOT OPTIONS**

If you'd like to join any of our programs, call us on (02) 4340 5155

[optionsdisabilitysupport.org.au](http://optionsdisabilitysupport.org.au)

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